

Yogini Yatra

Himalayan Temple Study Tour

March 13-21, 2012

Empower Your Sankalpa Shakti to Nurture. Heal. Transform

The American Institute of Vedic Studies conducts its annual Himalayan Temple Study Tour with Pandit Vamadeva Shastri (Dr. David Frawley) and Yogini Shambhavi, guiding every seeker through the ancient Vedic wisdom of Raja Yoga, Ayurveda, Vedic astrology, Devi Tantra, Shakti Mantra, Mindful Asana, sacred rituals and fire ceremonies. Experience a profound healing of the **Heart.Mind.Body.Spirit**

- Empower your Sankalpa Shakti, the sacred intent, wish or desire
- Unravel the rejuvenative power of nature, plants and aromatherapy
- Deepen your sadhana and inner Yoga practice to Nurture. Heal. Transform
- Devi Mantra Shakti unraveling the power of primal sound and bija mantras

Our sacred sojourn guides us through the Himalayan temple towns of Rishikesh, Ranikhet, Dunagiri and Jageshwar. Visit powerful wish fulfilling Goddess temples, Shiva Mahamrityunjaya temple, and Maha Avatar Babaji's cave in the celestial Kumaon Himalayas.

Yogini Yatra School Project: Spend a day guiding local Kumaoni children in their education and well-being. If you are interested in joining this project please do let us know.

Ayurvedic Spa treatments are available during the program by appointment.



Uttarakhand in the ancient texts is referred to as *Deva Bhoomi*, the land of the Gods and Goddesses in the Kumaon region. The divine blessings of the Devi nurtures, sustains and prepares us for the quintessential bliss and peace of Lord Shiva. In Jageshwar, we will honor Shiva as Mahamrityunjaya, who takes us beyond all death and suffering, in what is the largest temple complex in the region, dating from the eighth century.



The March 2012 Yogini Yatra commences on March 13, following our **Ma Ganga Shakti Retreat (March 7-13)**. After the Yogini Yatra everyone will return to New Delhi on an overnight train journey on March 20 from Kathgodam and arrive March 21 early morning.



Cost of Program - USD 2450.00 for 8 day tour

Early Registration/Ma Ganga Retreat discount until Nov. 15, 2011 - USD 2250.00

Non-refundable deposit - USD 700.00

Please book your flights to leave Delhi no earlier than March 22 evening, to ensure travel and transit time.

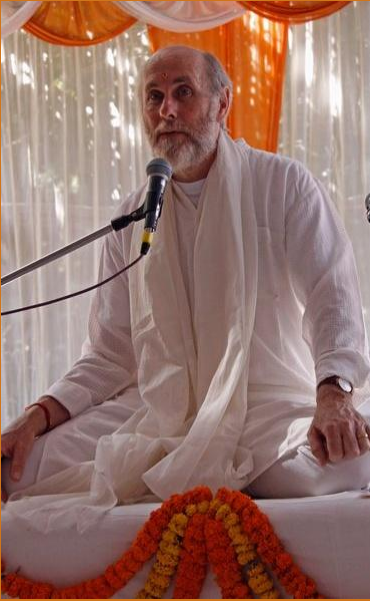
[Download Registration Form](#)



For Further Information contact: Yoginishambhavi@aol.com

Website: www.vedanet.com

Acharyas and Teachers



Pandit Vamadeva Shastri (Dr. David Frawley) is a world renowned Acharya (teacher) and author on Yoga, Ayurveda, Vedanta and Vedic astrology, with more than thirty books published over the last thirty years in more than fifteen languages worldwide. He has been a pioneer in introducing the deeper Yoga and Vedic sciences to the West. Vamadeva is regarded as one of the few westerners who can transmit authentic Yoga and Vedic teachings, and is highly regarded both in India and the West.

He is director of the [American Institute of Vedic Studies](#) which conducts courses, programs and seminars worldwide. He has been associated with the largest ashrams, Yoga centers, Ayurvedic schools and Vedic astrology associations in the world including the American National Ayurvedic Medical Association, the Council of Vedic Astrology, the Swaminarayan order, the Chopra Center, Swami Veda Bharati, and Sri Ramanashram. Read his regular articles in *Tathaastu* magazine. Note his [special one hour interview filmed by Dutch television](#).



Yogini Shambhavi is a mystic, healer and spiritual guide, rooted in the ancient teachings and traditions of Shakti Tantra. She unfolds the bliss of well-being through Tantra, Ayurveda, Vedic astrology, Mantra Jnana and Nada meditation. Shambhavi draws one to the deeper "Yogic Reality", awakening the Shakti power within our own hearts and minds, allowing its benevolence to flow into our daily life experience through Bhakti Bhava and sacred rituals.

As co-director of the American Institute of Vedic Studies, Santa Fe, New Mexico, along with Dr. David Frawley, she has speaking and teaching engagements worldwide, offering personal empowerments, training programs, workshops and retreats. Along with Vamadeva, she offers Vedic astrology consultations with sacred Vedic remedial measures or 'Upayas' based upon her deep understanding of the Shaktis of the planets.

Shambhavi has authored two bestselling books on the Mother Goddess and Tantra by Wisdom Tree (India). She has recently released a special CD of Devi Shlokas and Bija mantras and is preparing one of Vedic astrology mantras. All these mantras will be shared during the retreat.

Yogini Unfolding the Goddess Within

Yogic Secrets of the Dark Goddess

Yogini Bhava CD, Shakti Mantras Invoke the Divine Within (Lotus Press USA)